

# SHAREABLES

## GARLIC BREAD

Garlic Butter, Herbs  
Toasted Ciabatta 9  
**ADD:** Three  
Cheese Blend 4.5

## BRUSCHETTA

Tomato, Onion, Garlic  
Mixed Herbs  
Mixed Cheese  
Garlic Bread 16

## SPICY DEEP FRIED CAULIFLOWER BITES




Tossed in NY  
Butter Sauce 12

## TRI-COLOUR NACHOS

Tri-Color Nacho Chips  
Diced Roasted Red  
Peppers, Onion and  
Tomatoes, Mixed  
Cheeses, Sour  
Cream and House  
Salsa on side 21

Guacamole 3  
Taco Beef 6  
Chicken 7  
Cheese Sauce 4

## ARTICHOKE & SPINACH DIP

Artichoke, Spinach  
Cream Cheese     
Onion  
Crispy Pita Chips 16

## DEEP FRIED MOZZARELLA STICKS

Salsa for  
dipping  12



## TRADITIONAL POUTINE

Fries, House Gravy  
Cheese Curds 14

## FIRECRACKER CALAMARI

Breaded  
Deep Fried 14

## 1 LB WINGS

Traditional or    
Breaded or  
Breaded Boneless 16

### SAUCES:

BBQ • Mild • Medium • Hot  
Blow your Bit off Hot Sauce • Hot Honey  
Honey Garlic • Asian BBQ  
Buffalo Ranch • NY Butter

### DUSTINGS:

Cajun • Salt and Pepper • Lemon Pepper  
Mango Habanero • Garlic Parmesan  
Dry Buffalo • Maple Bacon

All Wing Sauces and Dustings are  
Gluten Free  except Asian BBQ  
Honey Garlic and Honey Hot

# ENTREES

## SEARED SESAME TUNA

Pan Seared Sesame Seed Crusted Tuna Loin 23  
House Slaw, Pickled Ginger, Wasabi Aioli  
Sweet Soy Drizzle

## FISH & CHIPS

In House Battered Wild Blue Cod, House Slaw  
House Tartar Sauce, Fries, Lemon Wedge 18

## SEARED SALMON FILLET

Terriaki Sauce, Choice of Seasonal Vegetables with  
Rice or House Salad 23

## FETTUCCINI ALFREDO

Cream, Garlic, Mixed Herbs, Parmesan  
Fettuccini Noodles, Garlic Bread 18  
**ADD:** Chicken 7 Seasonal Vegetables 6  
Salmon 14 6oz Steak 15

## CHICKEN FINGERS AND FRIES

All White Meat Breaded Chicken Fingers, Fries 17

## SIDES

Dill Dip 1  
Gravy 1.50  
French Fries Pony 6 Horse 9  
Sweet Potato Fries Pony 7 Horse 10  
Onion Rings Pony 7 Horse 10

### Choice of Fries, Soup or House Salad.

Upgrade Choice to  
Caesar Salad 3  
Onion Rings 3  
Sweet Potato Fries 3  
Side Traditional Poutine 6

# SOUPS

## SOUP OF THE DAY

Pony 7 Horse 10

**PARTIES OF 8 OR MORE WILL BE  
SUBJECT TO 20% SERVICE CHARGE**

    
Gluten Free Vegetarian Option

# SALADS

**HOUSE SALAD:** Mixed Greens, Mixed Vegetables, 10  
House Made Balsamic or Choice of Dressing

**CAESAR SALAD:** Romaine Lettuce, House Made 13  
Caesar Dressing Croutons, Parmesan and Bacon Bits

**ADD:** Chicken 7 8oz Steak 15 Salmon 14

## SANDWICHES & WRAPS

**SANDWICH OF THE DAY** 14  
Until 4:30PM)

**BLACKENED WILD BLUE COD TACOS** 21  
Three Tacos, Guacamole, Pineapple Salsa,  
House Slaw (Gluten Free, Option) *Corn Tortillas* 22

## BEEF DIP

Shaved Beef, Swiss Cheese, Sauteed Mushrooms  
Caramelized Onions, Horseradish Aioli on a Fresh  
Bun with Beef Gravy for Dipping 22

## STEAK SANDWICH

6oz AAA Striploin Steak, on a Garlic Butter Cibatta Bun  
with Caramelized Onions 23

## CHICKEN QUESADILLA

Chicken, Diced Roasted Red Peppers, Onion,  
Tomatoes and Mixed Cheeses with Sour Cream  
and Salsa Without Chicken 14

## BUFFALO CHICKEN CAESAR WRAP

Breaded or Grilled Chicken Breast, Spicy NY Butter  
Sauce, Caesar Salad, Large Grilled Tortilla  
Deep Fried Cauliflower 19

## HOT HAMBURGER

In House Hamburger Patty on 2 slices of White  
Bread, Gravy. 17

## AVOCADO CHICKEN CLUB



Seasoned Chicken Breast, Bacon, Lettuce  
Tomato, Cheddar Cheese, Guacamole 20

# BURGERS

### Choice of Fries, Soup or House Salad.

Upgrade to Choice to  
Caesar Salad 3  
Onion Rings 3  
Sweet Potato Fries 3  
Side Traditional Poutine 6

## PALOMINO BURGER

Lettuce, Tomato, Onion, Pickle, Bun   15  
**ADD:** Bacon 3 Sauteed Mushrooms 2  
Cheese 2 Sauteed Onions 2  
Egg Sunny Side Up 2



## CLYDESDALE BURGER

Cheddar, Caramelized Onions, Onion Rings  
Fried Egg, Lettuce, Tomato, Onion, Pickle, Bun   19



## CANADIAN SPORT HORSE BURGER

Bacon, Peameal Bacon, Canadian Cheddar  
Lettuce, Tomato, Onion, Pickle, Bun   19



## STANDARD BRED BURGER

Goats Cheese, Roasted Red Peppers, Lettuce  
Tomato, Onion, Pickle, Bun   19

## THE GRAZING BURGER

House Made Blended Mix of Black Beans,  
Chick Peas, Roasted Red Peppers, Corn, Beyond  
Meat, Oats, Mixed Herbs, Lettuce, Tomato, Onion  
Pickle, Bun    18

## THOROUGH BRED BURGER

Hot Sauce, Cheddar Cheese, Jalapenos, Lettuce  
Tomato, Onion, Pickle, Bun   19


## BIG CRUNCH CHICKEN BURGER

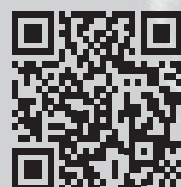
Tossed in your favorite Wing Sauce, Lettuce  
Tomato, Onion, Ranch Dressing 16

## GLUTEN FREE BUN

1.5  
**\*All Beef Patties are made with  
100% Local Beef**

## PLEASE INFORM YOUR SERVER OF ANY ALLERGIES

Chompin at The Bit uses ingredients that may  
contain all major allergens.  
Possibility of cross-contamination. 



— CHOMPIN AT —

THE BIT

BAR & GRILLE

MENU